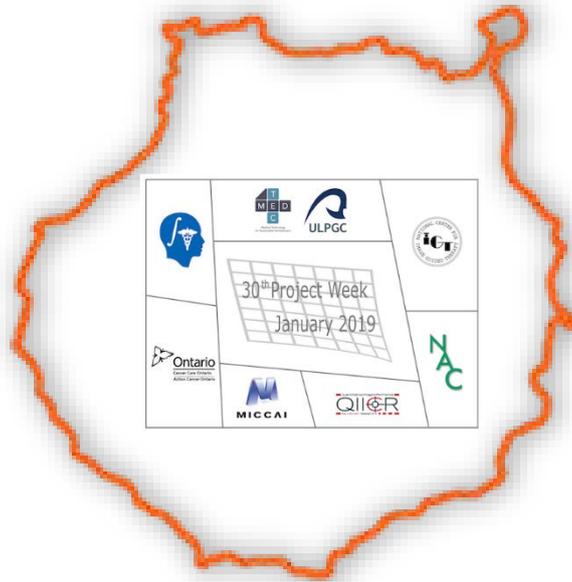


30th NA-MIC

Winter Event 2019 - Las Palmas de Gran Canaria



Las Palmas de Gran Canaria

It was founded in 1476 by the Castilian conquerors and conserves part of its historical old town, dating back to the fifteenth century (the districts of Vegueta and Triana). It was the first city that the Kingdom of Castile founded in the Atlantic and its architecture was a precursor for that of the colonies in Latin America. The city of Las Palmas de Gran Canaria has three excellent city beaches, of which Las Canteras is perhaps the most popular.

You should know that our official coin is the Euro (1€ = 1,16\$), and that our measurement system is the decimal metric. Electric devices work on 220volts, and buses are called "guaguas". In winter, our time zone is GMT, and in summer, +1GMT. This means a difference of one hour less with the rest of Spain, in summer and in winter.

Most of the traditional shops and shopping centres of the city are open from 10am to 10pm. Supermarkets and hypermarkets open from 9.30am to 9.30pm. in the case of small groceries, it is usual to close between 1.30pm and 4.30pm. Bank closing time is from 8.30am to 2.30pm.

---- PUBLIC TRANSPORT ----

Guaguas

This is the name of the local bus company. Also, a “guagua” is the name that buses receive in the Canary Islands. In this case, we are talking about the guaguas that you can use in the city of Las Palmas de Gran Canaria, the yellow ones.



Prices → Single ticket: 1,40€

10 trips Card: 8,50€ + 1,50€ (You can buy the LPA MOVILIDAD CARD in the offices at the [San Telmo Bus Station](#), and [other stores too](#))

[App \(Android\)](#) [App \(Apple\)](#)

Now, it is available a turistic card which is valid for 3 days to use in the yellow buses (local ones):



Price → 12€

Global Bus

This is the name of the bus company of the island, which offer services between municipalities the blue ones.

Prices → One ticket: depends on distance



[Line 60 → Gran Canaria Airport to San Telmo/Santa Catalina Bus Station:](#)

2,30€/2,60€

Sitycleta

This is the name of the bicycle rental service provided by the city council of Las Palmas de Gran Canaria.



Prices → Basic rate : 1,50€ /30 mins

Weekly rate: 15€/week
(first 30 minutes per rental are free of charge)

(0,50 € / every additional 30 minutes up to 2h of rental)

(0,75€ / every additional 30 minutes if you exceed 2h of rental)

Taxis/Cabs

The official taxi services of the island of Gran Canaria are always equipped with a taximeter that shows the amount during the journey. The prices shown are per taxi and per route, using official prices that are approved by the Government of the Canary Islands.



Prices → Gran Canaria Airport – Las Palmas de Gran Canaria: 30€ (estimated)

Initial fare: 1,73 €. For km: 0,64€
Night supplement/holiday: 0,61€ plus the initial fare

---METEOROLOGY---

The Canary Islands are internationally known for their warm and regular temperature throughout the year. However, during the winter months it is usual a drop in average temperatures that, along with humidity, can lead to a chilly weather, especially at night (after 7 p.m.). For this reason, we highly recommend to check the following links and bring some extra coat to avoid unpleasant surprises.

<http://www.aemet.es/es/eltiempo/prediccion/municipios/palmas-de-gran-canaria-las-id35016>

--- TOURISM ---

Gran Canaria Tourism Website: <http://www.grancanaria.com/turismo/en/>

Las Palmas de Gran Canaria city website <http://lpavisit.com/en/>

--- WHERE TO SLEEP ---

Our city counts with a huge hospitality offer where you can find the most suitable place according to your needs. We remind you that in the winter months, we will be in **high season** and for that reason, we encourage you to book as soon as possible. Here, you have a list of platforms and websites where you can book your hotel, hostel or apartment. ****We are not responsible for any incidence or damage by following this list****

- <https://www.booking.com/city/es/las-palmas-de-gran-canaria.es.html>
- <https://www.airbnb.com>
- <https://es.hotels.com>

--- EMERGENCIES ---

The number for Emergency calls is 112, and it's connected directly to the police, fire-fighters, ambulances...

--- HOSPITALS ---

- Public Ones:** Doctor Negrín Hospital. +34 928 450 000
Universitario Insular de Gran Canaria Hospital. +34 928 444 000
Universitario Materno Infantil de Canarias Hospital. +34 928 444 500
- Private Ones:** Perpetuo Socorro. +34 928 499 900
Hospital Santa Catalina. +34 928 297 151
Clínica San Roque. +34 928 012 600

---- CHURCHES AND MOSQUES ----

Churches (Close to the Hotel Parque):

- Ermita de San Telmo, San Telmo Park. Mass at 19.30
- Parroquia del Corazón de María: Calle Obispo Rabadán, 11. Mass at 20.00

Mosque:

- Calle Viriato, 42, 35010

---- WHERE TO EAT ----

Las Palmas de Gran Canaria has a large number of bars, restaurants and cafeterías where you can taste our local dishes and other from different countries. Here, you could find a list of restaurants, areas and websites in order to ease this search. ****We are not responsible for any incidence or damage by following this list****

Websites:

- [https://www.tripadvisor.es/Restaurants-g187472-Las Palmas de Gran Canaria Gran Canaria Canary Islands.html](https://www.tripadvisor.es/Restaurants-g187472-Las_Palmas_de_Gran_Canaria_Gran_Canaria_Canary_Islands.html)
- https://gastroranking.es/restaurantes/las-palmas/las-palmas-de-gran-canaria/?what_type=name&what=&price=
- <https://www.eltenedor.es/restaurante+las-palmas-de-gran-canaria>

Streets around San Telmo/Triana/Hotel Parque:

- **Sakura VI Wok:** Calle Muelle De Las Palmas, 2
- **Allende Triana:** Calle Domingo J Navarro 16
- **La Tertulia:** Calle León y Castillo, 33
- **Coki Triana:** Calle Perdomo 20 Bajo Izquierda
- **Bodegón Lagunetas:** Calle Constantino 16
- **Mr. Kale:** Calle Cano 35
- **La Tagliatella:** Calle Pérez Galdos 2
- **200 gramos:** Plaza Cairasco 3
- **Pizzería Alba:** Av. Alcalde Díaz Saavedra Navarro, 40
- **Manso:** Calle San Pedro, 1
- **Calle Mendizabal**
- **Calle Mayor Triana (and cross streets)**

Close to Las Canteras Beach:

- **Bochinche El Chato:** Calle Doctor Grau Bassas 12
- **Kimérico Gastrotasca:** Calle Thomas Alva Edison, 28
- **Restaurante La Marinera:** Calle Alonso Ojeda, 0
- **Amigo Camilo:** Calle Caleta, 1
- **Restaurante Polar:** Calle Sagasta, 17
- **La Bikina Cantina:** Paseo las Canteras, 63
- **El Churraco:** Calle Olof Palme, 33
- **Los Muellitos:** Calle Lepanto, 7

- **200 Gramos:** Calle Numancia, 94

We hope this information can be useful during your stay in our city.

We look forward to meeting you all again.